

# COMPETENCY-BASED CLINICAL TEACHING

## *in 5 Basic Steps*

### 1 Model effective practice as a family physician

### 2 Work with your resident to create [learning goals](#)

- » Leverage learner interests and site-specific learning opportunities when creating goals
- » Write learning goals that are concrete, action-oriented, and assessable (ie. *Resident will collaborate with a team of consulting health professionals in the care of a patient*)
- » Align goals with CFPC-endorsed frameworks (ie. [CanMEDS-FM](#), [6 Skill Dimensions](#)) to ensure your resident is developing all of the competencies to be an effective family medicine physician

### 3 [Observe your resident in action](#) and provide coaching [feedback](#)

- » Schedule opportunities to observe your resident interacting with patients, families, and health professional colleagues, as well as times to debrief these moments through two-way conversation
- » Provide specific, behavioural feedback on things you see the resident doing well and on things they need to improve
- » Complete [field notes](#) to document resident progress and assist them in demonstrating their competencies in all core areas (*program target is 1 field note per day*)
- » Ask your colleagues to observe the resident and compare your respective impressions of their performance

### 4 Teach using learner-centered approaches that actively engage your resident

- » Use [questioning](#) to assess resident knowledge, promote critical thinking, and encourage reflection
- » Consider using a validated teaching technique such as [One Minute Preceptor](#) or [SNAPPS](#)
- » Ask your resident to self-assess his/her performance regularly and create future growth plans

### 5 Synthesize available information sources into valid and reliable summary decisions on resident performance

- » Solicit your resident's self-perspective on his/her performance
- » Use field note data and input from colleagues to complete [In-Training Assessment Reports](#)
- » Provide concrete anecdotal comments on what the resident has done well and what s/he needs to improve in future learning events

