**RURAL ACADEMIC LEARNING LOG**

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| RESIDENT NAME:  | SITE:  |
| Date | **Topic** | **Location** | **Hours** | **Type of Activity** | **Reflection** |
| **Group Learning** | **Self-Learning** | **Simulation** | **Didactic/Lecture** | **Why I chose this activity/ what I was hoping to learn** | **What I learned/ key pearls** | **(How) will this change my practice/future learning?** |
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